





# Aging In Place Features

## Home Owners Checklist

This checklist can help identify health and safety concerns in your home. If you answer “NO” to various items on the list, consider improvements to help you age in place, by staying safely in your home and preventing falls.

		YES	NO
	<b>ENTRYWAYS</b>		
	No-step entry into your home	<input type="checkbox"/>	<input type="checkbox"/>
	Railings on exterior steps, both sides preferred	<input type="checkbox"/>	<input type="checkbox"/>
	Clear paths of travel into your home with no tripping hazards	<input type="checkbox"/>	<input type="checkbox"/>
	Doorbell and mailboxes easy to access	<input type="checkbox"/>	<input type="checkbox"/>
	<b>MAIN FLOOR LIVING</b>		
	Accessible full bath	<input type="checkbox"/>	<input type="checkbox"/>
	Main floor bedroom or adaptable space	<input type="checkbox"/>	<input type="checkbox"/>
	Two clear safety exits on the main floor	<input type="checkbox"/>	<input type="checkbox"/>
	<b>INTERIOR DOORS, HALLWAYS AND THRESHOLDS</b>		
	Low thresholds and doorway transitions	<input type="checkbox"/>	<input type="checkbox"/>
	Lighted hallways	<input type="checkbox"/>	<input type="checkbox"/>
	Doorways wide enough for a wheelchair and or walker	<input type="checkbox"/>	<input type="checkbox"/>
	Interior doors with lever handles and swing clear hinges (swing clear hinges increase doorway passage space by 2” inches)	<input type="checkbox"/>	<input type="checkbox"/>
	<b>STAIRWAYS</b>		
	Stairways with secure hand rails on both sides	<input type="checkbox"/>	<input type="checkbox"/>
	Stairways well lit	<input type="checkbox"/>	<input type="checkbox"/>
	Convenient layout for stair glide	<input type="checkbox"/>	<input type="checkbox"/>
	<b>BATHROOMS</b>		
	Non-slip surface or tub mat in bathtub or shower	<input type="checkbox"/>	<input type="checkbox"/>
	Grab bars in bathtub or shower area	<input type="checkbox"/>	<input type="checkbox"/>
	Grab bars alongside toilet	<input type="checkbox"/>	<input type="checkbox"/>
	Slip-resistant floor, free of tripping hazards	<input type="checkbox"/>	<input type="checkbox"/>
	Safe access into and out of bathtub or shower	<input type="checkbox"/>	<input type="checkbox"/>
	Fixed and hand held shower wand	<input type="checkbox"/>	<input type="checkbox"/>
Bathroom has operable window or exhaust fan	<input type="checkbox"/>	<input type="checkbox"/>	

YES NO



### KITCHEN

- Adequate counter space
- Kitchen appliances safe and easy to use
- Easy access to storage space for frequently used items
- Cook top and oven controls safe and easy to use

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



### FLOORING

- Slip-resistant flooring throughout the home
- Carpet is free of tripping hazards; tears, wrinkles and or de-threading
- Rugs have slip-resistant backing or double faced adhesive

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



### ELECTRICAL AND LIGHTING

- Convenient location of thermostats and other controls
- Electrical outlets easy to find and use
- Light switches located at the entrance to every room, hallway and stairway

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



### HEATING, COOLING AND VENTILATION

- Supply and return air vents free of obstruction
- Energy efficient HVAC unit
- Smoke alarms and carbon monoxide (CO) detector in the home
- Operable windows for cross ventilation and fresh air
- Hot water heater set no higher than 120 degrees Fahrenheit
- Home free of stale or musty odors
- Furnaces filters are convenient and easy to change (furnace filters should be replaced at least every other month)

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



### LAUNDRY

- Washer and dryer at an accessible location in the home
- Washer and dryer at an accessible height; settings are easy to read
- Convenient counter space

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>



### CLUTTER

- Rooms, hallways and exits free of clutter and unnecessary objects
- Floors and stairs free of tripping hazards

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>